



Plan Changes

Effective September 1, 2023, you will see the following changes to your benefits program:

- **Prescription Drugs:**
 - Coverage for intrauterine devices (IUD) added
- **Paramedical Practitioners:**
 - Acupuncture added to a maximum of \$250/person/calendar year
 - Dietician and Audiologist added as a combined maximum to \$250/person/calendar year
- **Continuous Glucose Monitors/Supplies:**
 - Increased maximum from \$4,000 to \$5,000/person/year
- **Mental Health Practitioners:** Enhanced list of practitioners with an increased combined annual maximum of \$1,000/person/year. Eligible practitioners will include:
 - Clinical Counsellor
 - Marriage and Family Therapist
 - Psychoanalyst
 - Social Worker
 - Psychotherapist
 - Psychologist
- **Major Dental:**
 - Dental Implants now eligible
 - Missing tooth exclusion removed
- **Voluntary Benefits Suite:** Opportunity to purchase voluntary benefits for yourself, spouse and/or dependent children for the following benefit coverage with guaranteed issues limits available:
 - Optional Life
 - Voluntary Accidental Death and Dismemberment (AD&D)
 - Voluntary Critical Illness including medical concierge/second opinion service with TELUS Health