












Access Your Benefits Online

MANAGE YOUR PLAN ONLINE

Register for [mybluecross®](#) at [mb.bluecross.ca](#) and manage your plan online.

With mybluecross you can:

-  Submit claims online
-  View coverage and claim payments
-  Confirm remaining balance on benefits
-  Sign up for direct deposit to receive claim payments directly into your bank account
-  Check benefit eligibility and find out what you need to submit a claim
-  Check the status of a claim and view claim history
-  Submit supporting documents
-  Print or request an ID card
-  View vision eligibility (if applicable)
-  Learn about eligible savings through our Blue Advantage® program
-  Access Health Connected, our exclusive online health platform

REGISTRATION IS EASY

Look for this icon  [mybluecross®](#) at the top right-hand corner of any page of [mb.bluecross.ca](#) to register for your account.

USE OUR ONLINE HEALTH PLATFORM

Health Connected

To support you on the road to better health, we have provided access to Health Connected – a comprehensive and interactive wellness platform exclusive to Manitoba Blue Cross members. It includes:

- A health skills profile
- A health risk assessment (HRA)
- Personalized health campaigns based on HRA results
- A digital health coach
- Integration with wearable digital devices (e.g., Fitbit) to track and support health campaigns
- A health conditions library with tools, calculators and more
- Team and company challenges, solo challenges and virtual adventures
- Reward and incentive programs

Access Health Connected through your [mybluecross](#) account.



ACCESS OUR NATIONAL DISCOUNT PROGRAM

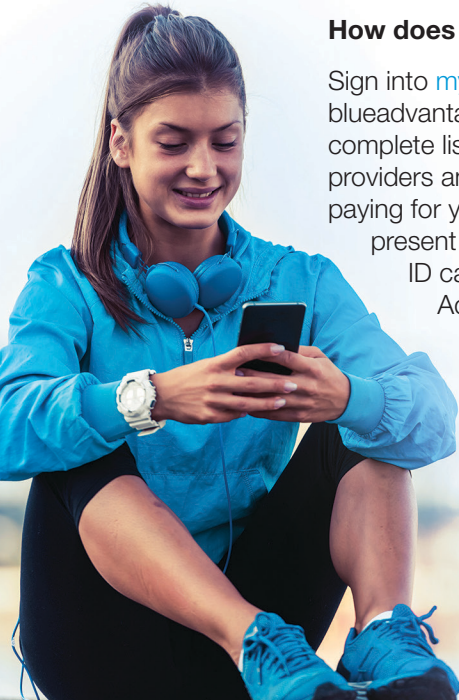


Through Blue Advantage®, you can save on medical, vision and many other products and services offered by participating providers across Canada, regardless of whether the item is covered under your benefit plan.

How does it work?

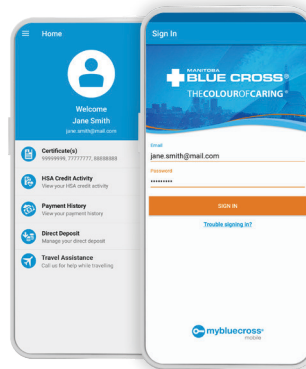
Sign into [mybluecross](#) or go to [blueadvantage.ca](#) to view the complete list of participating service providers and eligible savings.* When paying for your product or service, present your Manitoba Blue Cross ID card, mention the Blue Advantage program, and enjoy your savings!

**The list of providers and types of savings available are subject to change without notice.*



GET THE MOBILE APP

Managing your plan on the go is easier than ever with mybluecross mobile, our free member app.



With our free mobile app you can:

- Submit claims
- Upload pictures of your receipts
- View claim and payment history
- View and search for past claims

Get the app



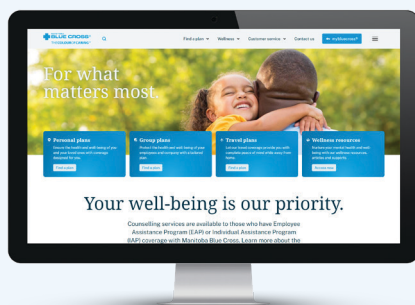
For iOS

- Go to the App Store
- Search “mybluecross”
- Tap to view description
- Tap the install icon

For Android

- Go to Google Play
- Search “mybluecross”
- Tap to view description
- Tap “Install”

REGISTER TODAY.



[mb.bluecross.ca](#)

We're here for you.

In Person

Customer Service Centre
599 Empress Street, Winnipeg, Manitoba
9:00 a.m. - 4:00 p.m. Central Time
Monday through Friday
Claims Drop Box
24 hours a day

Phone

204.775.0151 (within Winnipeg)
1.800.873.2583 (toll free within Manitoba)
1.888.596.1032 (toll free within Canada)

Online Inquiries

[mb.bluecross.ca/contact](#)

Mail

Manitoba Blue Cross
PO Box 1046 Stn Main
Winnipeg, MB R3C 2X7



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