

Bell MTS Retirees

Current Rates by Plan and Family Status – Effective June 1, 2026

Manitoba Blue Cross

Plan	Status	Monthly Rates
A Ambulance/Hospital	Single	\$8.42
	Family	\$16.97
B Ambulance/Hospital Extended Health (no Drugs)	Single	\$16.69
	Family	\$33.12
C Ambulance/Hospital Extended Health Prescription Drugs (unlimited) Vision	Single	\$156.86
	Family	\$297.62
D Ambulance/Hospital Extended Health Prescription Drugs (\$1,000/family/year) Vision Dental	Single	\$128.43
	Family	\$259.29