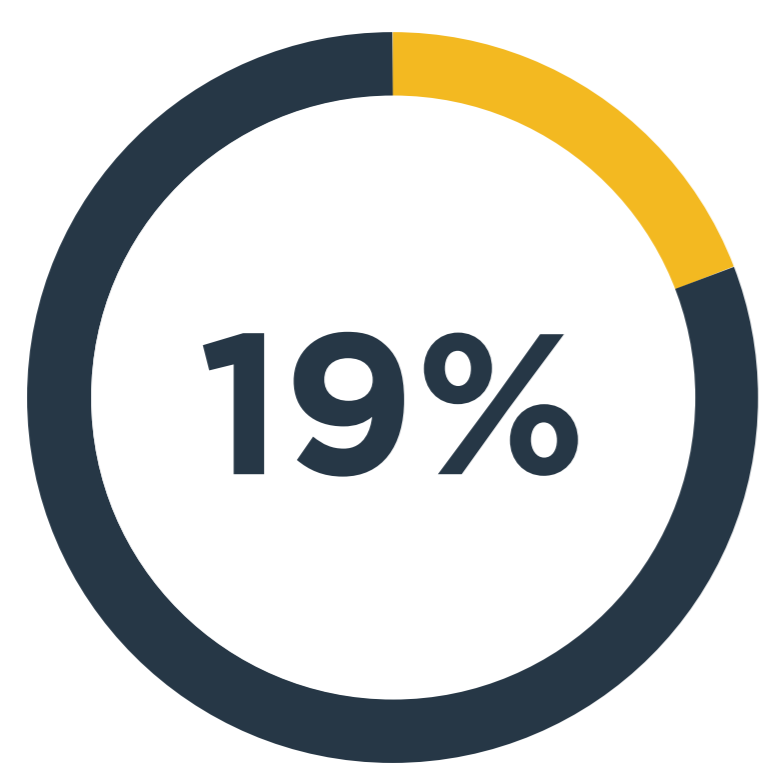


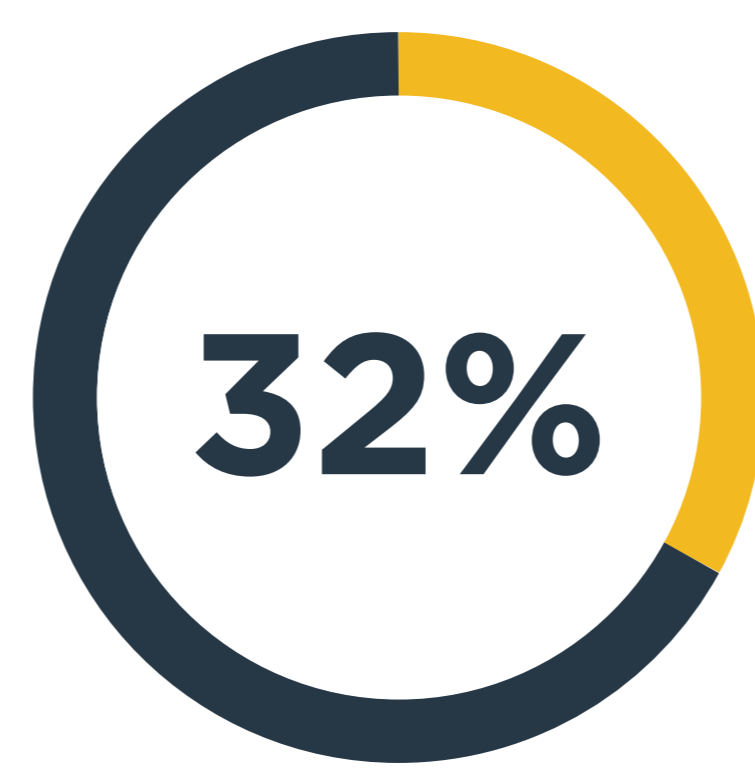
# Slips, Trips, and Falls: Causes and Cures for Healthcare's Top Hazards

How hazardous is the healthcare industry to its workers' health? The cost is seen in lost workdays, higher workers' comp claims and incurred losses. Slip, trip and fall (STF) injuries and strains are among the biggest causes.

## Here's how it plays out:



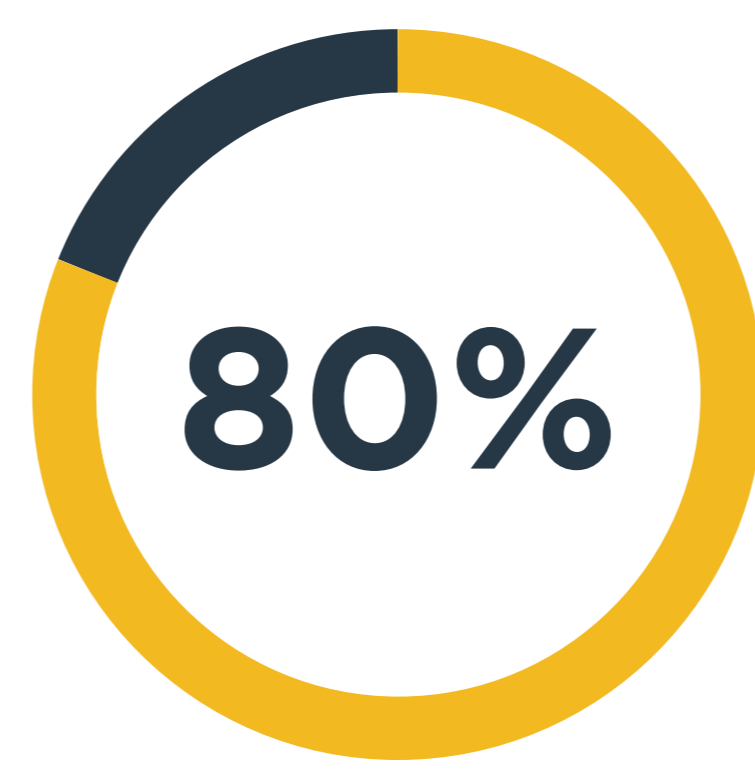
Of hospital workers' compensation claims are attributed to STF injuries



Of incurred losses on hospital workers' compensation claims payments are from STF



Of all hospital claims are from STF and strains



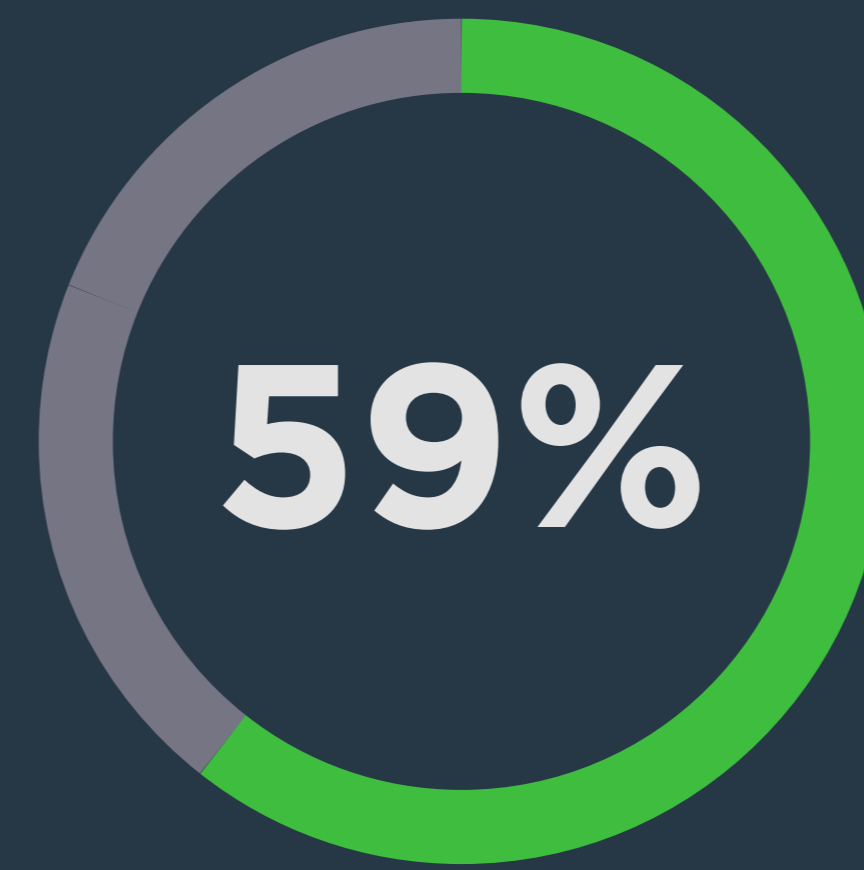
Of incurred losses on hospital claims are from STF and strains



### Top 10 Hazards

- 1 Contaminants on the Floor: Water, Grease, Food
- 2 Poor Drainage: Pipes and Drains
- 3 Indoor Walking Surface Irregularities
- 4 Outdoor Walking Surface Irregularities
- 5 Weather Conditions: Ice and Snow
- 6 Inadequate Lighting
- 7 Stairs and Handrails
- 8 Stepstools and Handrails
- 9 Tripping Hazards: Clutter, Loose Cords, Hoses
- 10 Improper Use of Floor Mats & Runners

### How to start your STF prevention program



Decline in hospital workers' STF claims through comprehensive STF prevention programs

### Here's how you get started

- Know Your History: Review workers' compensation claims, incident reports, first report of injury, OSHA and/or occupational health logs
- Identify the most common types of STF incidents and specific locations
- Train employees on how to recognize STF hazards
- Develop written procedures
- Check for STF hazards on a regular basis

**Contact a HUB Risk Services advisor**

for assistance in designing, implementing, and evaluating a STF prevention program to protect employees, patients and visitors

**SOURCES**

- <https://www.cdc.gov/niosh/docs/2011-123/pdfs/2011-123.pdf>
- <https://www.zurichna.com/en/knowledge/articles/2017/08/benchmark-study-of-healthcare-workers-compensation-claims>
- <https://www.cdc.gov/niosh/docs/2011-123/pdfs/2011-123.pdf>